



WELCOME TO OUR

## Community Newsletter

### ♦ 500 Stephen Update



DONATE



The summer may have ended, but it brought a few adventures for our center and our collaborators.

- 500 Stephen had the privilege of being selected as a beneficiary of support from the Decor Charity Golf Tournament, allowing us to showcase our community support efforts.
- Additionally, the Hope Thrift Store chose 500 Stephen as their Charity of the Month recipient. We enjoyed engaging with shoppers and volunteers, and even found some treasures of our own.

The laid-back summer atmosphere is gearing us up for an exciting autumn ahead, filled with programs from our partner organizations.



In this newsletter you will find:

program updates, community resources, information and more.  
Keep Reading!



## Rides For All

### OUR COMMUNITY PARTNERS

500 Stephen Community Centre was contacted by community members, Alison and Reg Braun, who raised funds for Corn & Apple Ride wristbands. Thanks to their efforts within the community, we distributed close to 150 tickets to families in need who reside in the area.

At 500 Stephen Community Centre, our goal is to encourage our community to stand together and champion one another. This endeavor aligned perfectly with our commitment to collaborating with the community. We were privileged to facilitate connections between those willing to donate and those in need of support.



## Coming Up At The Centre

### FOSTERING KEY PROGRAMS

Community Volunteer Fair will be held on October 10 from 2 pm - 7 pm at the Access Event Centre.

Watch for this Poster!



## A Service of Cleaning!

### HEARTS OF GRATITUDE!!

Thank you to All-in-One Management Services for offering to clean our carpets! Every week, 500 Stephen front area has multiple groups in our facility. After 1 year, the carpets were looking fairly... well used. Now they are clean and ready to see more groups for the Fall!

# Uncovering Impact: Non-profit Did You Know

## Interested in volunteering but not sure where to start?

SUPPORT

By Corinne Napper

Posted June 13, 2024

Volunteer Manitoba

Have you ever felt like you want to make a difference but aren't sure where to start? Volunteering is an amazing way to unlock your potential, gain new skills, meet awesome people, and, most importantly, make a real impact in your community. Whether you're passionate about saving the planet, helping those in need, or simply looking to try something new, volunteering has something for everyone.

Let's dive into why you should consider volunteering and some tips on how to get started!

### Why Volunteer?

- **Make a Difference:** Volunteering allows you to contribute to causes you care about. Whether it's helping out at a local animal shelter, cleaning up parks, or mentoring younger students, your efforts can create a positive ripple effect.
- **Learn New Skills:** Volunteering provides hands-on experience in various areas. You can develop valuable skills like leadership, teamwork, communication, and problem-solving, which will look great on your resume or college application.
- **Meet New People:** Volunteering is a fantastic way to meet like-minded individuals and build lasting friendships. You'll connect with people who share your interests and passion for making a difference.

### Tips for Getting Started with Volunteering

- **Identify Your Interests:** Think about what excites you and what causes you care about. Are you passionate about the environment, education, health, or social justice? Identifying your interests will help you find a volunteer opportunity that you'll enjoy and be committed to.
- **Research Opportunities:** Start by looking up local organizations and community centers that align with your interests. Websites like Volunteer Manitoba can be great resources for finding opportunities. With hundreds of opportunities listed, and new ones posted almost daily, you're sure to find something that sparks your interest!

Become a regular donor & earn  
rewards

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# Uncovering Impact: Non-profit Did You Know

## Interested in volunteering but not sure where to start?

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- **Network with other Volunteers:** Talk to other people you know that volunteer to learn about their experiences. They can offer valuable insights and might introduce you to opportunities you hadn't considered.
- **Start Small:** If you're new to volunteering, start with a small commitment. Try a one-time event or a short-term project to see how you like it. This way, you can explore different opportunities without feeling overwhelmed.
- **Reach Out and Ask Questions:** Don't be afraid to contact organizations directly. Ask about their volunteer needs, what kind of work you'll be doing, and how much time you'll need to commit. This will give you a better idea of what to expect.
- **Get Your Friends Involved:** Volunteering can be even more fun when you do it with friends. Invite your friend to join you, and turn volunteering into a group activity. It's a great way to bond and make a bigger impact together.
- **Stay Open-Minded:** Be open to new experiences and roles. Sometime the perfect fit is something you hadn't initially considered!

Volunteering is a powerful way to make a difference in the world while discovering more about yourself and your passions. It's a journey filled with learning, growth, and connection.



### Reference

Napper, C (2024, June 13). Interested in volunteering but not sure where to start. Retrieved from <https://www.philanthropy.com/article>

Become a regular donor &  
earn rewards





## Resources

### A NOTE FROM OUR PARTNER Upgrading Employment Skills

By Natasha Doerksen,  
Workplace Education Manitoba

The needs in today's workplace are continually changing and it can be tough to know where to start. Consider taking an assessment to understand where you can begin upgrading your current skills. We offer computer classes where you can work at your own pace through relevant Word and Excel modules to help you understand and increase your proficiency in Microsoft Office. WEM also holds classes in math, reading, and writing which we customize to your level and workplace goals. If you're looking to increase your people skills and how to comport yourself within a workplace, we've got workshops for that too.

FOR INFORMATION ON  
EMPLOYMENT UPGRADING,  
CALL 204-332-1884

Thank you for  
the Support:

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Natasha Olfert  
Decor Cabinets  
Hope Thrift Store  
Morden Insurance Agencies  
All-in-One Management Services

We now accept e-transfer donations  
to [payments@500stephen.ca](mailto:payments@500stephen.ca)

# CROSSWORD

HAVE SOME FUN WITH 500 STEPHEN

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