



## WELCOME TO OUR Community Newsletter

### ◆ 500 Stephen Update



Welcome to the First  
**500 Stephen Community** Newsletter!

We have been diligently finding ways to connect with the community and our funders to show who we are and what we are doing in the community, and of course to bring people together.

We hope that this newsletter will provide you with resources, information, and a sense of belonging to our centre. As we work to accomplish our vision of being a hub where anyone from the community can come for connection, resources, and supports, we hope you feel a part of it.



### In this newsletter you will find:

program updates, community resources, information and more.  
Keep Reading!



## Who Uses Our Space

### OUR COMMUNITY PARTNERS

One of our missions is to Partner and Collaborate with community organizations. Here are the organizations and community groups who we collaborate with:

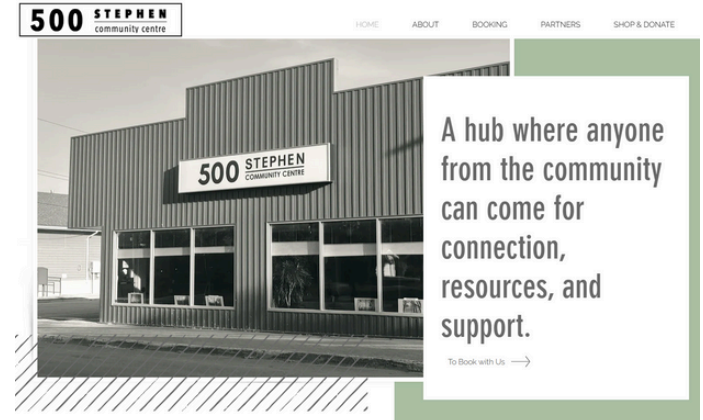
Many Hands  
 Workplace Education Manitoba  
 Regional Connections/ Pembina Valley  
 Local Immigration Partnership  
 Chamber of Commerce  
 4H Club  
 Cultural Education Centre Leadership  
 Southern Health  
 Menzies Medical  
 Segue Career Options  
 Genesis House  
 Pembina Climate Action Network  
 Diversitas  
 PV Humane Society  
 Horticultural Society  
 Truth & Action Working Group  
 Parent Advisory Groups  
 Lions/Leos Club  
 Ukrainian Support Group  
 Any many more.



## Coming Up at the Centre

### FOSTERING KEY PROGRAMS

We are working to find ways to help our non-profit and community groups find funding for the programs. Stay tune for more information



## Newly Designed Website!

### HEARTS OF GRATITUDE!!

Thank you to Jason Lopez and Arceo Lopez Technical Management for donating lots of time and resources to helping us get it up and running.

Check out  
[WWW.500STEPHEN.CA](http://WWW.500STEPHEN.CA)

# Uncovering Impact: Non-profit Did You Know

## Where Did All the Money Go?

### SUPPORT

Have you ever donated to a charity or nonprofit organization and wondered how much of your contribution actually went towards the cause? It's a common concern among donors, with many believing that the more of their donation that directly impacts the cause, the better. However, the reality is more nuanced.

Nonprofits typically adhere to what's known as the 80/20 rule: 80% of funds raised go towards the cause, while the remaining 20% covers operational costs such as rent, utilities, supplies, and wages. But why is there this apparent disconnect between donor expectations and nonprofit needs?

There's a myth that nonprofits with lower overhead costs are more effective at serving their mission. However, nonprofits that allocate more of their budget to overhead costs often fare better at achieving their goals. Of course, there's a limit to this spending. The optimal allocation of funds would be one-third of the budget to overhead costs. Organizations that hit this sweet spot can attract audiences, deliver better quality programs, and sustain themselves long term.

Underfunding overhead costs deprives nonprofits of resources for long-term success. Competitive salaries and training are needed to attract skilled workers to administer the mission. Without this spending, organizations may rely on volunteers, outdated equipment, and weakened infrastructure.

Donors and funders can help by understanding the importance of overhead costs. Many charities feel pressured to minimize overhead to show the value of donations. Donors can express their understanding of the need for contributions to cover overhead costs. This understanding fosters a more sustainable and effective nonprofit sector for the benefit of all.

### Reference

Altamimi, H., & Liu, Q. (2022, September 22). Nonprofits May Need to Spend a Third of Their Budget on Overhead to Thrive – Contradicting a Donor Rule of Thumb. *Philanthropy*. Retrieved from <https://www.philanthropy.com/article>





## Resources

### A NOTE FROM OUR PARTNER

#### Mental Wellness Check-In

By Nicole Fehr, Community Mobilization

If you're feeling overwhelmed make a list. This list should have the things that are causing you to feel the way you are. Now look at that list and think, what can you control and what can you not control. Allow yourself to let go of the negative feelings attached to the things on the list you cannot control. Connect with someone you trust and let them in on how you plan to work on your list.

FOR INFORMATION ON THE COMMUNITY MOBILIZATION PROGRAM, VISIT OUR WEBSITE



### Social Media Campaigns:

Check on our Social Media pages for a chance to win.

Follow our page during the Month of June for a chance to win 500 Stephen T-shirt.

Thank you for  
the Support:

Natasha Olfert  
Karla & Randy Warkentin  
United Way Pembina Valley  
LMS AG Equipment  
Darren Enns



We now accept e-transfer donations  
to [payments@500stephen.ca](mailto:payments@500stephen.ca)

